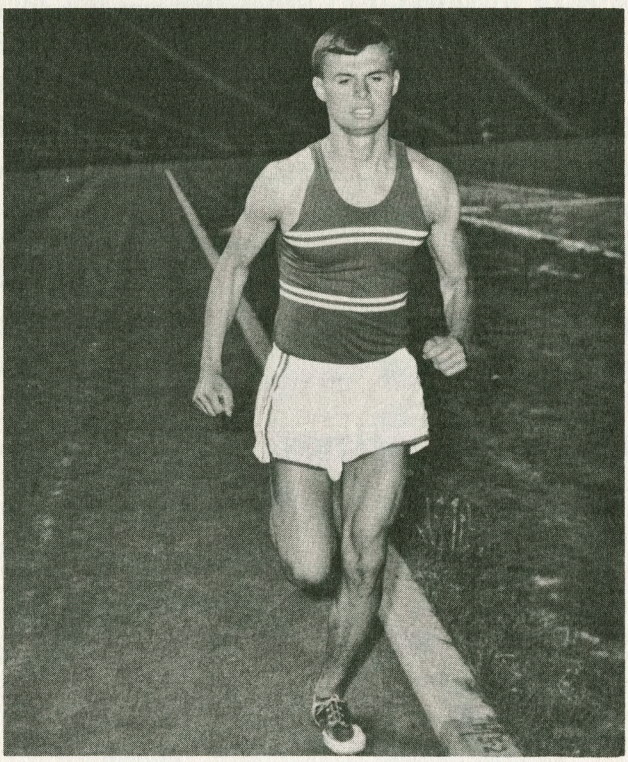
# UNIVERSITY OF MARYLAND CROSS COUNTRY 1971



**CAPTAIN, RUSS TAINTOR**
Course Record Holder - 25:12
5 ⅛ miles

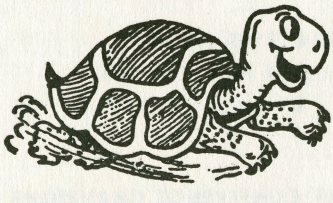
**ATLANTIC COAST CONFERENCE CHAMPIONS**
1954, 1955, 1964, 1965, 1966, 1967, 1968, 1969

## FACTS ABOUT MARYLAND

NAME ..... University of Maryland
FOUNDED ..... 1807
LOCATION ..... College Park, Maryland 20740
PRESIDENT ..... Dr. Wilson H. Elkins
CHANCELLOR ..... Dr. Charles E. Bishop
ATHLETIC DIRECTOR ..... James H. "Jim" Kehoe
ASSISTANT DIRECTOR ..... Alfred J. Hanlon
SPORTS INFORMATION DIRECTOR ..... Jack Zane
CONFERENCE ..... Atlantic Coast
NICKNAME ..... Terrapins, Terps
COLORS ..... Red and White, Black and Gold
MASCOT ..... Terrapin
HEAD CROSS COUNTRY COACH ..... Robert M. "Bob" Dean
STUDENT ASSISTANT ..... Ron Taintor
TRACK OFFICE TELEPHONE ..... (301) 454-3125
HOME TELEPHONE ..... (301) 434-2836

TRACK OFFICE LOCATION
Room 102
Reckord Armory

CROSS COUNTRY MAILING ADDRESS
c/o Athletic Department
University of Maryland
College Park, Md. 20740



*"Terp Cross Country On The Move"*

## SEASON HIGHLIGHTS AND PREVIEW

The 1971 cross-country season will find the Terps facing one of their toughest schedules in recent years. The increased strength of all teams in the A.C.C. will be a real test for this year's squad. The harriers will be hard-pressed to maintain their unbeaten record of last year, not to mention dethroning last year's A.C.C. Champion, Duke.

Maryland's 1970 Cross Country season was both encouraging and disappointing. The team went undefeated in seven dual meets, won the Capital Area Championship, had a new course record set by Russ Taintor, but finished fourth in the A.C.C. Injury to key runners contributed to the Terps' poor finish in the conference. Ace Russ Taintor suffered a knee injury which caused him to miss the indoor and outdoor seasons. All American Charles Shrader never was able to regain the form of the previous year after undergoing knee surgery in the spring. However, substantial improvement by sophomores Bill Crane, Al Carey and Ken Umbarger plus the dependable job of Junior Jim Rosen enabled the Terps to look to this season with several bright spots.

The 1970 season opened with an easy 23-37 victory over Duke at College Park. Russ Taintor led the way at Chapel Hill. The Terps shut-out North Carolina 15-48 and nosed out William and Mary 28-29 in a double dual meet. The harriers played host to a triple dual meet against N. C. State, American U., and Mount St. Mary's. The Wolfpack were defeated 22-39 as Russ Taintor set a new course record (25:12), while the Eagles and Mounts were shut out. Injuries kept Shrader out of the Navy meet and Taintor dropped out when his knee acted up, but the Terps still managed to defeat the Midshipmen 26-29 as Al Carey, Jim Rosen and Bill Crane rose to the occasion. In the Capital Area Championship, Jim Rosen took 3rd, Ken Umbarger 4th and Bill Crane 5th as the Terps took the team championship.

Chapel Hill, North Carolina was the scene of the 18th Annual ACC Championship, and for the first time in six years the Terps were defeated as the Blue Devils from Duke took the Championship. Maryland place finishers were Bill Crane—8th, Jim Rosen—9th, Al Carey—13th, Ken Umbarger—21st, Steve Milmoe—26th, Charlie Shrader—27th, and Bruce Chilcote—35th.

The Terrapins lost to graduation All-American Charlie Shrader, Marty Brotemarkle and Bruce Chilcote; however, with six returning lettermen the squad looks solid.

Conference two and three mile record holder Russ Taintor and 3:59.8 miler John Baker will form a strong 1-2 punch. Senior Jim Rosen along with juniors Bill Crane, Al Carey, Ken Umbarger and Ed Silverman; sophomores Kevin Wright, Marty Josephs, Ed Bailor and Paul Hennessy, plus several outstanding frosh should provide the needed depth and balance for a winning season.

## 1971 CROS
## VARSITY

| *Name* | *Age* | *Class* | *Hgt.* | *Wgt.* |
|---|---|---|---|---|
| Bailor, Ed | 19 | So. | 5-10 | 140 |
| *Baker, John | 21 | Sr. | 6-0 | 145 |
| *Carey, Al | 20 | Jr. | 6-0 | 145 |
| *Crane, Bill | 20 | Jr. | 5-9 | 145 |
| Josephs, Marty | 19 | So. | 5-11 | 143 |
| *Taintor, Russ | 21 | Sr. | 6-0 | 165 |
| *Umbarger, Ken | 20 | Jr. | 6-1 | 160 |
| Wright, Kevin | 19 | So. | 6-0 | 150 |

*Lettermen

Student Assistant: Ron Taintor, Sr., Bricktown, N.J.

## FRESHMA

| *Name* | *Age* | *Hgt.* | *Wgt.* | *Perf.* |
|---|---|---|---|---|
| Bednarik, Chuck | 18 | 5-10 | 140 | 2:04 |
| Bowden, Pete | 17 | 6-3 | 160 | 1:57.7 |
| Carroll, Ed | 20 | 5-9½ | 150 | 1:57.0 |
| Conheeney, Kevin | 17 | 6-0 | 135 | 4:14.5<br>9:13.7 |
| Cornwell, Scott | 17 | 5-9 | 135 | 9:41 |
| Dakelman, Mitch | 17 | 5-9 | 117 | 4:39.5 |
| DeNobel, James | 18 | 6-½ | 170 | 4:27 |
| Howse, David | 17 | 5-10 | 130 | 9:31.5 |
| Kosoff, Cliff | 17 | 5-9 | 125 | 9:56 |
| Mandel, Cliff | 18 | 5-10 | 145 | 4:15.6 |
| Nation, Kent | 17 | 6-0 | 149 | 1:58.0 |
| Richardson, Charles | 17 | 6-1 | 135 | 4:23.4 |
| Rincon, Dan | 18 | 5-4 | 110 | 9:33 |
| Rundell, Jeff | 17 | 5-8½ | 135 | 9:48.2 |
| Scarano, Mark | 17 | 6-0 | 135 | 2:00.5 |
| Spann, Lee | 18 | 6-2 | 170 | 4:23.1 |
| Webster, David | 18 | 6-2 | 150 | 10:18 |

## S COUNTRY

## ROSTER

| *High School* | *Hometown* |
|---|---|
| Kenwood | Baltimore, Md. |
| Penncrest | Media, Pa. |
| St. Dominics | N. Massapequa, N.Y. |
| Pennsbury | Yardley, Pa. |
| Jonathan Dayton Reg. | Springfield, N.J. |
| Bricktown | Bricktown, N.J. |
| DuVal | Gaithersburg, Md. |
| Springbook | Silver Spring, Md. |

## N ROSTER

| *Event* | *High School* | *Hometown* |
|---|---|---|
| 880 | Rancocas Valley | Mt. Holly, N.J. |
| 880 | Arundel | Gambrills, Md. |
| 880 | DeMatha | Hyattsville, Md. |
| Mile | Hackensack | Hackensack, N.J. |
| 2 Mile | | |
| 2 Mile | Hereford | Parkton, Md. |
| Mile | Highland Park | Highland Park, N.J. |
| Mile | John Kennedy | Silver Spring, Md. |
| 2 Mile | Conestoga | Devon, Pa. |
| 2 Mile | Great Neck No. | Great Neck, N.Y. |
| Mile | Sewanhaka | Elmont, N.Y. |
| 880 | Upper Merion | King of Prussia, Pa. |
| Mile | Bernardsville | Bernardsville, N.J. |
| 2 Mile | Dover Air Base | Dover, Del. |
| 2 Mile | Arundel | Odenton, Md. |
| 880 | Morristown | Morristown, N.J. |
| Mile | Mt. Vernon | Alexandria, Va. |
| 2 Mile | Cambridge | Cambridge, Md. |

## 1971 CROSS COUNTRY SCHEDULE

| *Date* | *Team* | *Site* | *Time* |
|---|---|---|---|
| Sept. 25 | Richmond | Richmond, Va. | 2:00 p.m. |
| Oct. 2 | Duke | Durham, N.C. | 11:00 a.m. |
| Oct. 9 | North Carolina<br>William and Mary | Home | 11:00 a.m. |
| Oct. 16 | North Carolina State | Raleigh, N.C. | 11:00 a.m. |
| Oct. 23 | Navy | Home | 11:00 a.m. |
| Oct. 30 | Capital Area Intercollegiate | Home | 10:30 a.m. |
| Nov. 8 | A.C.C. | Raleigh, N.C. | 11:00 a.m. |
| Nov. 15 | IC4A | New York | 1:00 p.m. |
| Nov. 22 | N.C.A.A. | Knoxville, Tenn. | 11:00 a.m. |

## 1970 CROSS COUNTRY RESULTS (7-0)

| | | |
|---|---|---|
| Duke | Won | 23 - 37 |
| William and Mary | Won | 28 - 29 |
| North Carolina | Won | 15 - 48 |
| American University | Won | 15 - 49 |
| North Carolina State | Won | 22 - 39 |
| Mount St. Mary's | Won | 15 - 50 |
| Navy | Won | 26 - 29 |
| Capital Area Championships | | 1st |
| Atlantic Coast Conference | | 4th |

## COACH DEAN'S CROSS COUNTRY RECORD

Dulaney High School 1964-1969 Won - 138 Lost - 9

BALTIMORE COUNTY CHAMPIONSHIPS

Varsity "A" - Champions 1965, 66, 68, 69; 6th-1964; 2nd-1967

Varsity "B" - Champions 1965, 66, 67, 68; 4th-1964; 2nd-1969

MARYLAND STATE CHAMPIONSHIPS

Varsity "A" - Champion 1968; 27th-1964; 3rd-1965; 4th-1966; 2nd-1967; 4th-1969

Varsity "B" - Champions 1966, 67, 68; 3rd-1964; 2nd-1965

UNIVERSITY OF MARYLAND 1970- Won - 7 Lost - 0

Capital Area Championships - 1st-1970

A.C.C. Championships - 4th-1970

## FACILITIES

Maryland's cross country course is a 5⅛ mile course located on the beautiful University Golf Course, providing wooded, hilly terrain, and a grass running surface. Training is done both on the University Golf Course and on the Byrd Stadium 440-yard cinder track. Dressing facilities are provided in team rooms located in Byrd Stadium, which is well equipped with modern training facilities. Weight rooms for team use are located in Cole Field House.

## CROSS COUNTRY COACH:
## ROBERT M. DEAN

Robert M. "Bob" Dean is in his second year as coach of the Maryland Harriers replacing Jim Kehoe, now Athletic Director.

Coach Dean, while head cross country and track coach at Dulaney High School (Timonium, Md.) compiled an impressive record in cross country, indoor track and outdoor track. During his six years as head coach at Dulaney his teams dominated track in Maryland establishing records of 138 victories and 9 losses in cross country, 44 wins and 3 losses in indoor track and 64 wins and no losses in outdoor track. In 1968 his teams established a State "first" as they won every major meet from cross country to track including three State Championships.

A graduate of Durham High School in North Carolina, Dean captained his team, held the school record in the 880 as well as Eastern State 880 record.

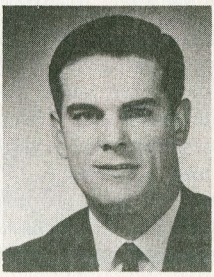
At High Point College, Dean captained both cross country and track while being named Outstanding Trackman for two consecutive years. He was three time North State Conference 880 champion and record holder. He also was a member of High Point's first undefeated and District N.A.I.A. Championship cross country team.

As a high school coach, Dean produced several national ranked performers. In 1969, his ace miler set a new National Scholastic record for the 600 yard run as well as being ranked second in the nation in the 880 and third in the mile run.

Coach Dean's Terrapin Harriers went undefeated through seven dual meets, won the Capital Area Championship and finished fourth in the A.C.C. His top distance man, Russ Taintor broke the course record by nearly 30 seconds.

While at High Point, Coach Dean was a member of Sigma Phi Epsilon fraternity, while receiving his B.S. in physical education. He received his Master's from Towson State College in Baltimore, Maryland this past June.

Dean is married to the former Carol Rappold, and they have two children, Betsy 6 and Michael 4. The Deans reside in Takoma Park, Maryland.



## MEET THE TERP HARRIERS

ED BAILOR, Soph. — 1:55.2, 880, Baltimore, Md.
Strictly a 440,880 man in high school . . . Ran cross country for the first time in frosh year . . . Rapid progress adjusting to the longer distances . . . Has excellent speed . . . Should do well this year with experience gained last year.

JOHN BAKER, Sr. — 3:59.8, Mile, Media, Pa.
Versatile distance man . . . Runs distances from 880 to the six mile with quality . . . Third place finisher in the mile in National AAU in 1971 . . . Competitor in U.S. - Russian and U.S. - Pan-African Meets . . . Trip to Europe . . . Should be one of top harriers in the East . . . First Maryland trackman to break four minutes in the mile.

AL CAREY, Jr. — 9:17, 2 Mile, No. Massapequa, N.Y.
Ran as number three man at end of last season . . . A real workhorse . . . Finished 13th in the A.C.C. in 1970 . . . Important contribution to the 1971 squad.

BILL CRANE, Jr. — 9:13, 2 Mile, Yardley, Pa.
Set a new school record last year in the steeplechase and ran a personal best in the two mile run . . . Finished 8th in the A.C.C. in 1970 . . . Will be counted on heavily during this season after excellent 1970 season.

MARTY JOSEPHS, Soph. — 1:53.1, 880,
Springfield, N.J.
A great competitive spirit . . . real workhorse . . . Place in A.C.C. 880 as frosh . . . Runs cross country to build up stamina for indoor and outdoor track seasons.

RUSS TAINTOR (Captain), Sr. — 4:07, 8:46.6, Mile/2 Mile, Bricktown, N.J.
Maryland record holder at two mile and three miles with times of 8:46.6 and 13:47.6 respectively . . . Broke the existing cross country record by 29.2 seconds last year running 25:12 for 5⅛ miles . . . Perhaps the most versatile runner to ever compete for the Terps . . . Injuries plagued most of his career at Maryland . . . Expected to be 100% fit for final season . . . Should again be among the best in the nation.

KEN UMBARGER, Jr. — 1:54.9, 4:16, 880, Mile,
Gaithersburg, Md.
Improved his time last year in cross country by 38 seconds . . . Mainly a 880, miler, but has made a significant contribution in cross country . . . Could be a great asset to the 1971 team.

KEVIN WRIGHT, Soph. — 4:17, Mile,
Silver Spring, Md.
Had an outstanding record at Springbrook High in Maryland . . . Mainly a miler but now adjusting to the longer distances . . . Experience and added strength could make him a contributor to the 1971 harriers.